



# LE MESSENGER

DECEMBER 2018

46 Heritage Drive - Saint-Albert, AB - T8N 7J5  
Téléphone : 780 459-9568 - Télécopieur : 780 459-9587 - Adel : [lm@centrenord.ab.ca](mailto:lm@centrenord.ab.ca)

## Principal's Message

### *Dear parents and families*

December is already upon us, and we are on the eve of getting together with family and friends to celebrate the holidays. Part of the school year is already behind us with the report card being distributed on December 6<sup>th</sup> for the first trimester of the year. Our students and teaching staff worked very hard and will continue to do so towards new challenges of the new academic goals.

Many thanks, to all the parents, who came to the parent-teacher-student interviews. The time you devote to getting involved in your child's education is valuable and beneficial in his schooling. Teachers are reassured of your support and have shared with you their vision, their passion, their concerns and their questions.

We will start celebrating Christmas with the celebration of Advent on December 4<sup>th</sup> at 1: 45 pm. This time of waiting, of the coming of Jesus Christ among men will be animated by Mme Sophie's grade 1 class. The Christmas celebration, the coming to earth of a messiah, will animated by Mme Félicité's grade 2/3 class on December 20<sup>th</sup> at 11:30 am. We invite you all to come celebrate this great Christmas miracle with us.

The Christmas festivities will continue with the Christmas concert, which this year celebrates the 200<sup>th</sup> anniversary of the "Silent Night" song. This song, for centuries has united people from one continent to another, regardless of their origin, age or religion. Today, the song is performed in more than 300 languages and dialects! In addition, we will celebrate the last day of school before the holidays with «un réveillon» at lunch time. Each family will be asked to bring a platter from our menu for our potluck. We want to thank the School Council and the Parent Society who will help preparing this beautiful festive meal that unites us as a family.

On behalf of the school staff, I would like to offer you our best wishes for health, happiness and success for the New Year. Christmas celebrates hope; we hope that all your dreams come true. You just have to believe in magic!

**MERRY CHRISTMAS AND HAPPY NEW YEAR!**

**Marieëlle Perich**  
Principal

## Prayer for Advent

Father,  
It's that wonderful time of the year again.  
We're going to celebrate your Son's birthday soon.  
We will be preparing our home, our gifts, and our food.  
Help us to remember to prepare our hearts.  
Help us in all our busyness to remember it's you Son we're getting ready for.  
Help us help a friend, keep a promise, or visit someone lonely.  
Come, Lord Jesus!  
We need you.



## School News and Activities

### Report Cards

Students will be receiving their report cards for the first trimester of this academic year on Thursday, December 6<sup>th</sup>. We ask that you take the time to go over the report card with your child. Please fill out the sections, "Commentaires de l'élève" (Student comments) and "Commentaires des parents" (Parent comments) and return the report cards to school. Thank you for taking the time to review the results of your child's efforts for these first few months of school.

### Christmas Concert

**The Christmas concert will take place in the gymnasium on Wednesday, December 12<sup>th</sup> in two presentations; one in the afternoon at 1:30 pm and one in the evening at 7:00 pm.** Tickets will be limited to two spectators per family for the evening presentation, as we must respect the maximum seating capacity. These two tickets will be sent home in the youngest child's report card. Please note that **your tickets will be mandatory at the door** for the evening performance. Also note that students attending École La Mission do not need a ticket.

**For the unity of the concert, it is essential that all students are present for the evening presentation. This year no specific dress code is required but we would like to recommend students to wear their best clothes.**

If you want to film the concert, make sure you have your own energy source (battery) because no socket will be available.

For the duration of the concert, politeness requires no speaking with our neighbor. If you have a little one who feels the need to walk and talk, do not hesitate to get out into the hallway. Thank you in advance for your understanding and cooperation.

### Baked Goods and Crafts Sale

The Parent Society is organizing a baked goods and crafts sale which will be held after the Christmas concert on December 12<sup>th</sup>, 2018. **Please note that the baked goods are to be eaten at home. More details to come**

### Scholastic Book Fair

Thank you to all the families who stopped by the book fair during parent/teacher/student interviews. We sold \$4938.25, with a profit for the school of \$2962.95. Proceeds will go towards purchasing new books for the library and classrooms.

## Advent project

This year's advent project will be to help people in need through The Saint Vincent de Paul Society. The Society of Saint Vincent de Paul is a charitable organization entirely run by volunteers. They provide assistance to those in need through distributing items donated by the public. They respond to 1200 calls for help each month, going out in pairs to visit people in need. Once needs are assessed, necessities are then delivered. They bring the love of Christ to serve people in need on a person to person basis. Those in need are always treated with dignity and provided with support as they struggle in crisis situations.

Each class will be asked to donate specific items to the charity:

Mat M: Children's story books

Mat D: Stuffed animals

Gr 1S: Mittens

Gr 1V: Socks

Gr 2P: Toothbrushes, toothpaste and dental floss

GR 2/3F: Hair brushes and combs

Gr 3: Kitchen utensils

Gr 4: Dishcloth towels

Gr 5: Kitchen towels

Gr 6: Bathroom towels

## Student Council

Congratulations to Griffin MacKay from grade six who won the "Estimation contest". Griffin won a gift certificate for the St. Albert Bowling Centre.

The student council is organizing many wonderful activities:

**December 10<sup>th</sup> -18:** Some of our students will be creating Christmas cards for the neighborhood. These cards will then be distributed on December 20<sup>th</sup> by the grade six students to homes closest to the school.

**December 18<sup>th</sup>:** The school council elves will be distributing hot chocolate to all students during the afternoon recess.

**December 21<sup>st</sup>:** Pyjama day!

The school council elves will be distributing candy canes to all students.

## Skiing and Snowboarding Lessons

The ski fieldtrips will take place on January 21<sup>th</sup> and 19<sup>th</sup> at Rabbitt Hill Snow Resort for grades 5 and 6 students.

**Registration forms will be sent home soon.**



## Parent Society Fundraisers

### Boston Pizza

Please continue to bring us your Boston Pizza receipts. Boston Pizza will give us 5% cash back on the pre-tax total of submitted receipts.

### Cobs

When you shop at COBS located at 212 2 Hebert Rd, St. Albert please mention to the cashier that you are from École La Mission and COBS will donate 5% cash back to the school.

## School council and Parent Society

The School council and Parent Society will be supplying a Christmas Meal to all students and staff on the last day of school, December 21<sup>st</sup>. They would greatly appreciate anyone who would like to donate a turkey. If you would like to do so, please contact Karine Pelling at [karinepeeling1@gmail.com](mailto:karinepeeling1@gmail.com)

If you wish to discuss a particular topic at the next Parent Advisory Council meeting, please communicate ahead of time with the president, Mrs. Melanie Dallaire, at [melaniedallaire@hotmail.ca](mailto:melaniedallaire@hotmail.ca) or Karine Peeling at [karinepeeling1@gmail.com](mailto:karinepeeling1@gmail.com)

Our next school council meeting will be on December 4<sup>th</sup> at 6:00 pm.

All the minutes of the Parent Advisory Council meetings are posted on the school website at the following address: [www.lm.centrenord.ab.ca](http://www.lm.centrenord.ab.ca).

## Skating

As part of the physical education program, some classes are planning to teach skating at the rink near the school in January. Students need to wear their skates and mittens and a helmet (mandatory) to ensure their safety. We recommend hockey helmets. We will also accept bicycle helmets. Our goal is to ensure the participation of all students in this school activity.

If your child does not have skates or a helmet, we ask you to write a note to the teacher with your child shoe size so that we can try to find skates for your child. Please also inform us if you have skates that can be made available to other students. Thank you for your cooperation!

## It is cold outside...



Make sure that your child is dressed according to weather conditions. We have in the lost and found box several excellent mitts, tuques and sweaters that have no names on them. Please identify your child's clothing and articles with a permanent marker. The family name is sufficient. This little detail helps avoiding a lot of tears and confusion with our little ones.

## Sick Students

When a child comes to school sick, he transmits the virus to all those around them. If your child is not feeling well or has a fever, please keep him at home until he is fully recovered. If your child becomes ill during the day, we will notify you so you can pick him up. It is extremely important that you inform us if your child has chickenpox or measles because the disease can be contagious for our students.

## SCP (Soutien au comportement positif)

### PBIS (Positive Behavioral Interventions and Supports)

Positive Behavioral Interventions and Supports (**PBIS**) is a way for schools to encourage good behavior. With **PBIS**, kids learn about behavior, just as they learn other subjects like math or science. The key to **PBIS** is prevention, not punishment.

PBIS is an approach schools can use to improve school safety. It also helps schools decide how to respond to a child who misbehaves.

PBIS recognizes that kids can only meet behavior expectations if they know what the expectations are. A hallmark of a school using PBIS is that everyone knows what's appropriate behavior. Throughout the school day—in class, at lunch and at recess - kids understand what's expected of them.

PBIS has a few important guiding principles:

- Every child can learn proper behavior.
- Stepping in early can prevent more serious behavior problems.
- Each child is different and schools need to provide many kinds of behavior support.
- How schools teach behavior should be based on research and science.
- Following a child's behavioral progress is important.
- Schools must gather and use data to make decisions about behavior problems.

According to several studies, PBIS leads to better student behavior. In many schools that use PBIS, students receive fewer detentions and suspensions, and get better grades. There's also some evidence that PBIS may lead to less bullying.

École La Mission has started this program four years ago. The SCP school committee has revised some of the procedures and practices. New behavioral expectations posters have been posted throughout the school and these expectations are taught in the classrooms. Students can acquire school bracelets for following school expectations. At the end of the day, these bracelets are counted and recorded in order to be used towards a classroom reward. Once the classroom has reached its own personal magic number based on the number of students in the classroom, the class can then have a classroom reward. Each classroom reward is then counted towards a schoolwide reward.

Although efforts towards rewarding good behavior is heightened, there are still some students that need personal interventions. When school expectations are repeatedly not being followed, a student may receive an **AVIS** card. This card is given to the homeroom teacher who then gives the student a reflexion form. This form is intended to help the student reflect on his behavior and the school expectations that were not followed. With teacher support, the student then determines an appropriate act of kindness. The reflexion form will be sent home to be signed by the parent and the teacher will advise the parent by e-mail.

If you have any questions regarding the program, please do not hesitate to contact the principal, Mme Marielle for more information.

## Key Information to Remember

---

### Lunch Lady

If you wish to order, it is important to fill out the online order form. Please note that orders are not managed by the school. Please visit: [www.thelunchlady.ca](http://www.thelunchlady.ca) to create and manage your account.

The name of our school is under the letter " E ".

All online orders must be made at least 3 days before the lunch date, otherwise contact Kim at least 2 days prior. If you need to cancel your lunch, contact Kim before 8:00 am in the morning to receive credit.

### Driving to School

If you drive your child to and from school, we ask that you park on the street in order to leave the parking lot for our staff. We also ask that you refrain from using the handicap spot and the bus lane.

### Parents at School

Please remember to check in at the office when you arrive at school. In order to limit classroom disruptions, the secretary will call your child to the office to meet with you.

## Offered Services at school

---

### Daycare and before and after school care

For more information about the French daycare (for children 12 to 36 months old) behind the school, or before and after school daycare please contact FPFA at 780-468-6934.



### Preschool

If you wish to register your 3 or 4 year old child in "La Boîte à Surprises" or if you require more information about our preschool program, please contact the registrar at : [registrariat@laboiteasurprises.org](mailto:registrariat@laboiteasurprises.org)



## Things to do

---

.... Return your child's report card to school with your signature and comments as soon as possible.

.... Read your child agenda every day.

... Consult your child's Moodle page every day.

...If your child will not attend the Christmas Concert, please notify the teacher.

... Please notify the school if your child does not take his usual bus route in the afternoon. A student without a note will go on the bus as indicated on the registration form.