



St Albert Wolverines Volleyball Skills Camp

This skills camp is specifically designed for the younger, inexperienced athlete, ages 10 – 13 who has a desire to eventually play club volleyball or simply improving his/her skills. Our goal is to train athletes effectively so that they learn the fundamentals of the game from an early age. The camp focuses on teaching the basic volleyball skills. Athletes will learn the proper techniques for volleying, setting, passing, blocking, serving, hitting, rotation and rules of the game. We focus on technical training with an emphasis on footwork, ball handling and proper positioning on the court. St. Albert Wolverines Volleyball Club takes the energy and excitement of this great team sport and puts it all together into a fun filled 8 - day camp.

Dates	Time	Location
Sat. January 18, 2025	9:30 - 11:30am	Sir Alexander Mackenzie (SAM)
Sat. January 25, 2025	12:00 - 2:00 pm	SAM
Sat. February 1, 2025	2:00 – 4:00 pm	SAM
Sat. February 15, 2025	2:00 – 4:00 pm	SAM
Sat. February 22, 2025	9:30 - 11:30 am	SAM
Sat. March 01, 2025	12:00 – 2:00 pm	SAM
Sat. Mar 08, 2025	12:00 – 2:00 pm	SAM
Sat. Mar 15, 2025	2:15 – 4:15 pm	SAM



Space is limited.
Cost \$265/athlete
(includes club t-shirt)
plus

Volleyball Alberta membership
To enroll, go to

www.wolverinesvolleyballclub.com

